

## POWERLIFTING SCHEDULE 2023

<u>Date</u>	<u>Meet</u>	<u>Time</u>
January 19	Junior High Boys and Girls @ Hilldale	9:00 AM
January 20	High School Boys / High School Girls @ Hilldale	9:00 AM
February 2	Junior High Boys / Junior High Girls @ Catoosa	9:00 AM
February 3	High School Boys / High School Girls @ Catoosa	9:00 AM
February 22	High School Girls @ Afton	9:00 AM
February 23	Junior High Boys and Girls @ Afton	9:00 AM
February 24	High School Boys @ Afton	9:00 AM
February 27	Junior High Girls Regionals @ Miami	9:00 AM
February 28	High School Girls Regionals @ Miami	9:00 AM
March 1	Junior High Boys Regionals @ Miami	9:00 AM
March 3	High School Boys Regionals @ Miami	9:00 AM
March 6	High School & Junior High Girls State  @ Durant	9:00 AM
March 9	Junior High Boys State @ El Reno	9:00 AM
March 11	High School Boys State @ El Reno	9:00 AM